

THE IPA WAY

-STRATEGIES OF HOW TO COPE WITH PRESSURES AT THE EISTEDDFOD-

1. RESPECT THE ADJUDICATOR'S DECISION – remember that dance is a subjective art and decisions can vary unlike a running race where there is always a clear winner
2. IN CAR TALK – for all the conversations that are not appropriate where other ears may be listening. Hold onto it 😊 until you are in the privacy of your car.
3. YOUR TEACHER'S FEEDBACK IS THE MOST IMPORTANT – our teachers have your best interest at heart. Their opinion is paramount as they have seen you grow from week to week and they know you better than anyone. They will be honest in their feedback – please take it on board and know it's coming from a good place. If you are disappointed, chances are, your teacher will feel disappointed too. Your attitude in success & defeat matters.
4. BE SUPPORTIVE TO YOUR CLASSMATES ON & OFF STAGE – they are part of your team!! We will not tolerate bad sportsmanship
5. BE SUPPORTIVE OF OTHER COMPETITORS – IPA supports a healthy competitive environment – remember to congratulate your competitors
6. THANK YOUR TEACHERS, PARENTS AND ALL THOSE THAT HELPED GET YOU TO WHERE YOU ARE – show gratitude and appreciation
7. WEAR YOUR IPA JACKET WITH PRIDE – you are representing your studio. We expect excellent manners, professionalism and respect at all times.
8. EISTEDDFOD WEEK CHALLENGES (and there will be) - it can wait – it is never appropriate to discuss issues with your teachers during eisteddfod week. We ask that you wait until term 3 resumes as we are busy working and we have a very important job to do.